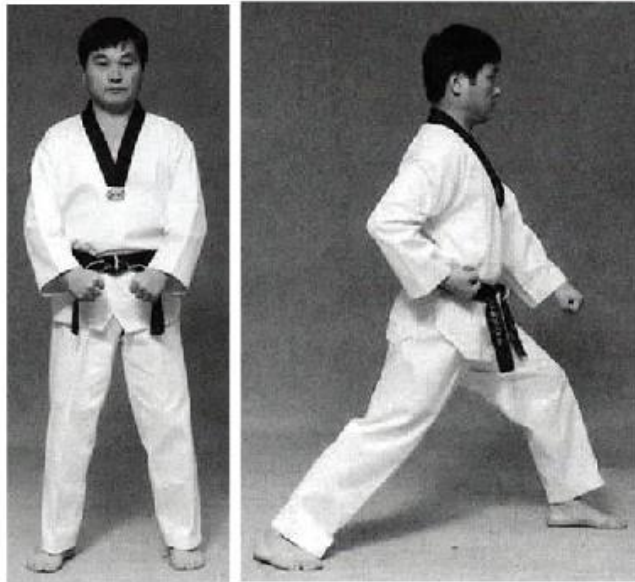
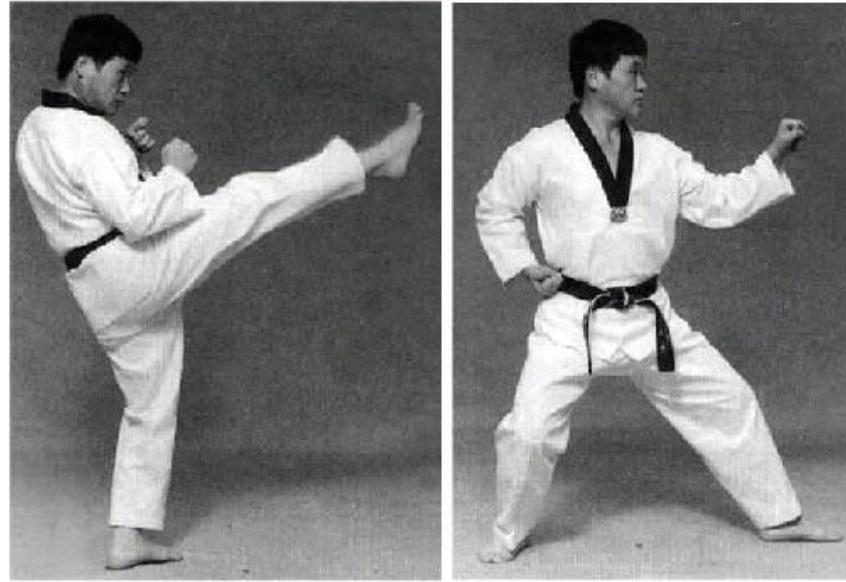
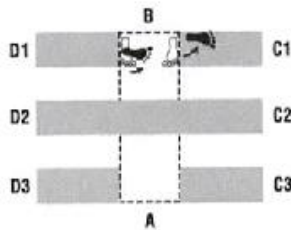


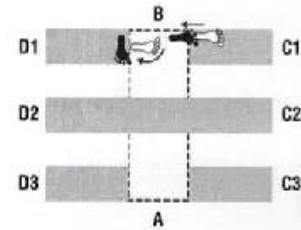
## Form 6 - Taeguk YUK Jang



1. Starting in a ready stance (Jhoon-bi) on the center of line (D1-C1 at point B), turn to the left (90° toward C1) by moving the left foot into a left front stance and execute a low block with the left arm.



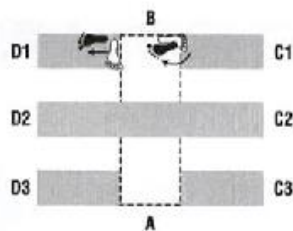
2. Execute a front snap kick with the right foot. Step back into a right back stance while executing a palm out middle block with the left arm.



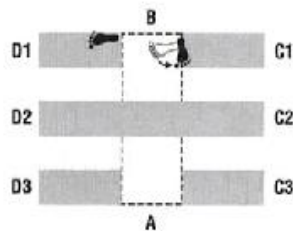
## Form 6 - Taeguek YUK Jang



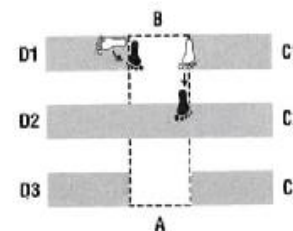
3. Pivoting on the ball of the left foot, turn to the right (180° toward D1) by moving the right foot into a right front stance while executing a low block with the right arm.



4. Execute a front snap kick with the left foot. Step back into a left back stance while executing a palm out middle block with the right arm.



5. Turn to the left (90° toward A) by sliding the left foot into a left front stance while executing a ridge hand strike with the right hand.



## Form 6 - Taeguek YUK Jang



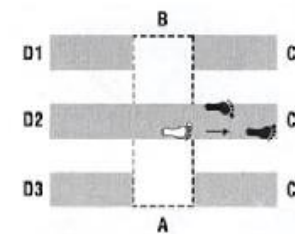
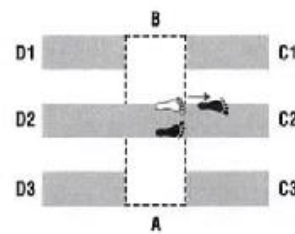
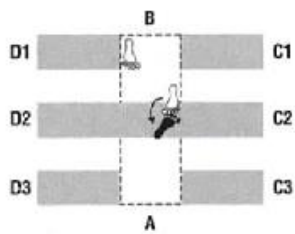
6. With the left foot fixed, execute a round house kick with the right foot.



7. Step down into an open stance, then move the left foot into a left front stance while executing a palm out middle block with the left arm. Then execute a reverse punch with the right fist.



8. With the left foot fixed, execute a front snap kick with the right foot. Step down into a right front stance while executing a reverse punch with the left fist.



## Form 6 - Taeguek YUK Jang



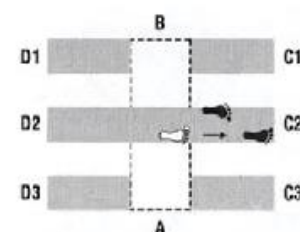
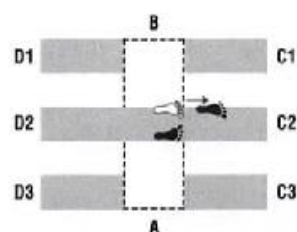
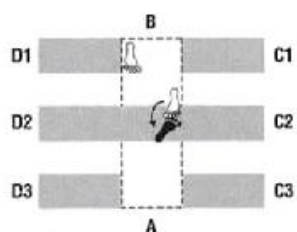
6. With the left foot fixed, execute a round house kick with the right foot.



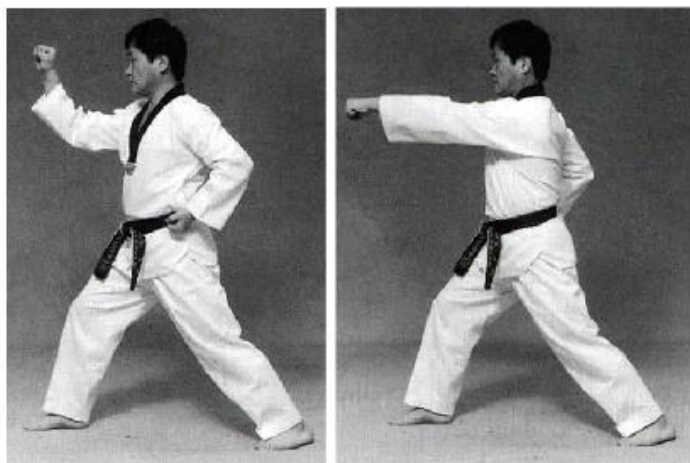
7. Step down into an open stance, then move the left foot into a left front stance while executing a palm out middle block with the left arm. Then execute a reverse punch with the right fist.



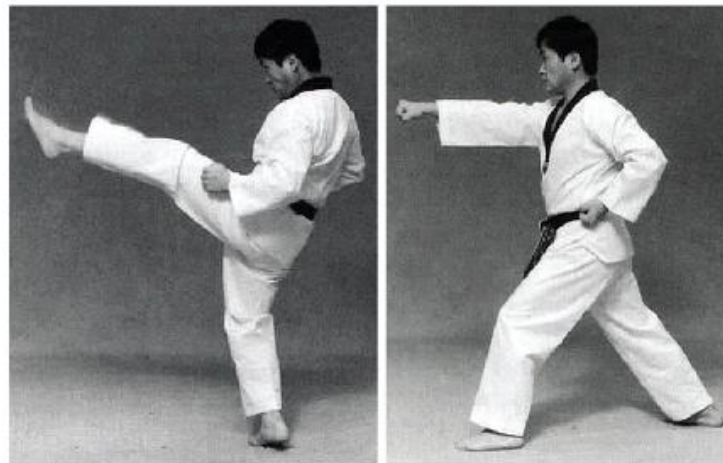
8. With the left foot fixed, execute a front snap kick with the right foot. Step down into a right front stance while executing a reverse punch with the left fist.



## Form 6 - Taeguk YUK Jang



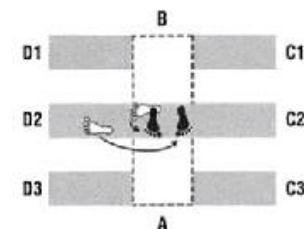
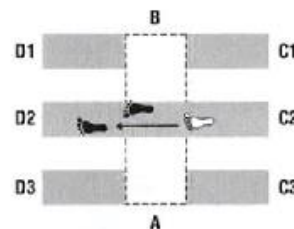
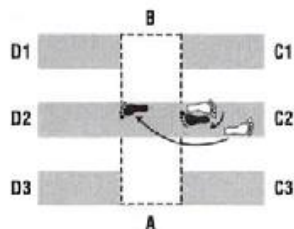
9. Pivoting on the left foot, turn to the right (180° toward D2) by moving the the right foot into a right front stance while executing a palm out middle block with the right arm. Execute a reverse punch with the right fist.



10. With the right foot fixed, execute a front snap kick with the left foot. Step down into a left front stance while executing a reverse punch with the right fist.



11. Turn to the left (90° toward A) by moving the left foot into open stance crossing your arms under your chin. Lower your arms slowly in front of your body, then execute a low double hammer fist with both arms.



## Form 6 - Taeguek YUK Jang



12. With the left foot fixed, move the right foot into a right front stance while executing a ridge hand strike with the left hand.



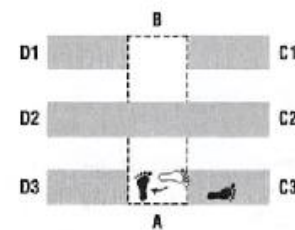
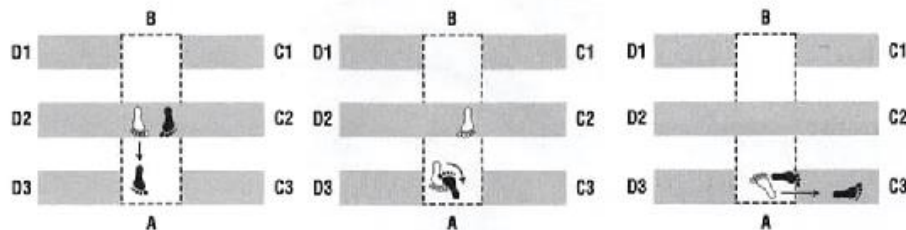
13. With the right foot fixed, execute a round house kick with the left foot. Kihap.



14. Step down with the left foot. Pivot on the ball of the right foot, turn right (180° toward C3) by moving the right foot into a right front stance while executing a low block with the right arm.



15. Execute a front snap kick with the left foot. Step back into a left back stance while executing a palm out middle block with the right arm.



## Form 6 - Taeguek YUK Jang



16. Pivoting on the ball of the right foot, turn to the left (180 toward D3) by moving the left foot into a left front stance while executing a low block with the left arm.



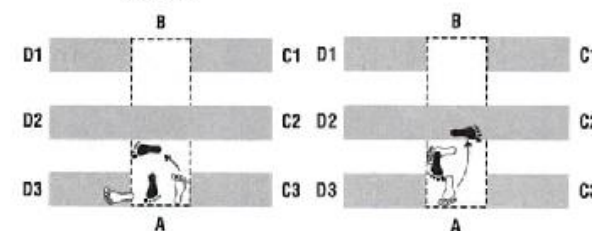
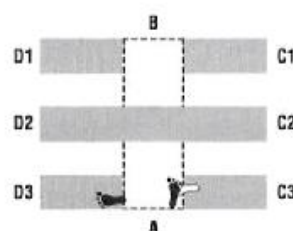
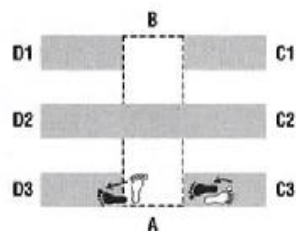
17. Execute a front snap kick with the right foot. Step back into right back stance while executing palm out middle block with the left arm.



18. Pivot on the ball of the left foot, turn to the right (90° toward A) into a right back stance while executing a double sudo strike.



19. Move the left foot back into a left back stance while executing a double sudo strike.



## Form 6 - Taeguk YUK Jang



20. Step back with the right foot into a left front stance while executing a palm heel strike/block with the left hand.



21. Remain in the same stance and execute a reverse punch with the right fist.



22. Step back with the left foot into a right front stance while executing a palm heel strike/block with the right hand.



23. Remain in the same stance and execute a reverse punch with the left fist.



With the left foot fixed, move the right foot back and assume the ready stance. (Jhoon-bi)

